



NIKEISHA VAZQUEZ

Board Member, The House of Darla

Nikeisha Vazquez serves on the Board of Directors for The House of Darla, bringing over 15 years of experience as a Licensed Clinical Social Worker (LCSW) and mindset/performance coach. With a strong background in youth development, trauma-informed care, and community-based services, Nikeisha supports The HOD's mission to create safe, healing spaces for youth and families.

Her work spans across schools, courts, and nonprofit organizations—supporting children, families, and court-involved individuals through social-emotional development, accountability coaching, and holistic wellness. Nikeisha currently serves as a School Social Worker in adult education, where she blends therapeutic expertise with practical strategies for transformation and growth.

As a board member, Nikeisha offers guidance on programming that centers mental health, emotional regulation, and restorative practices. She plays an active and immersive role in HOD's seasonal cohorts, engaging directly with youth and supporting workshops and group sessions with presence and care. She also volunteers at events and community gatherings, modeling compassion, authenticity, and resilience in every space she enters.

She is passionate about shifting mindsets, holding space for healing, and helping young people develop the tools they need to overcome barriers and thrive.

“You can’t heal what you’re not willing to face. I believe every young person deserves a chance to be seen, heard, and supported—even through the hardest moments.”

– Nikeisha Vazquez

Fun Fact: Nikeisha is known for her signature “grounded but real” style of coaching—and has a deep love for plants, music, and intentional journaling.

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