



## JEREMY OSTROUT

**Board Member, The House of Darla**  
**Director of Operations, The Light House**

Jeremy OstROUT serves on the Board of Directors at The House of Darla, where he brings a wealth of experience in nonprofit operations, strategic leadership, and inclusive systems building. As Director of Operations at *The Light House*, Jeremy oversees a range of cross-departmental initiatives designed to enhance programming, staff development, and sustainable growth for individuals with autism and other disabilities.

With a background in **strategic planning, program design, and process improvement**, Jeremy specializes in building systems that work—whether it’s internal infrastructure, external partnerships, or talent development. He is passionate about **creating pathways that center equity, employment readiness, and mentorship**, and his leadership style is grounded in compassion, logic, and long-term impact.

At The HOD, Jeremy plays an instrumental role in shaping the *Workstudy & Intern Program* and *Youth Leadership Cohort*, helping students build transferable skills, clarify their goals, and navigate real-world challenges. He also provides hands-on support to Executive Director April Jackson, offering operational guidance, long-term strategy, and structural insight to help bring vision to life in intentional, sustainable ways.

In addition to student engagement, **Jeremy actively supports the operations and strategic development of The HOD**, ensuring the organization continues to grow with clarity, accountability, and heart. His deep understanding of nonprofit systems and team dynamics strengthens The HOD’s infrastructure and future planning.

Jeremy previously served on the board of the *Cultural Coalition of Eastern CT*, where he supported arts and culture-based initiatives aimed at strengthening community connections. His diverse background allows him to bridge creativity with operations, and people with process.

**“Systems matter—but so do people. I believe in building operations that empower others to thrive, contribute, and grow.”**

– *Jeremy OstROUT*

**Fun Fact:** Jeremy is passionate about adaptive tools and inclusive tech. He's also known for bringing calm energy, dad jokes, and thoughtful reflection into every space he joins.

